



**Brand:** Sierra Fit

**Product Name:** Creatine

**Product Code:** SIE-01797

**Report Date:** 06/19/2020

**Lot#:** 200153

**Independent Third Party Testing Laboratories**



[iHerb.com/iTested](https://iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
<b>Supplement Facts</b>	<b>Label Claim</b>	<b>Serving Size: 1 Capsule</b>	
Creatine Monohydrate Method: HPLC	750 mg	771 mg	Health Level One
<b>Microbial Analysis</b>	<b>CFU = Colony Forming Unit</b>		
Total Plate Count	<10,000 CFU/g	10 CFU/g	Health Level One
Mold	<1,000 CFU/g	<10 CFU/g	Health Level One
Yeast	<1,000 CFU/g	<10 CFU/g	Health Level One
Escherichia coli	Non-Detectable	Not Detected	Health Level One
Salmonella spp.	Non-Detectable	Not Detected	Health Level One
Staphylococcus aureus Method: USP <2021, 2022>	Non-Detectable	Not Detected	Health Level One
<b>Heavy Metal Analysis</b>	<b>US FDA Daily Limit</b>	<b>mcg = microgram</b>	
Arsenic	130 mcg	<0.001 mcg	Health Level One
Cadmium	55 mcg	<0.001 mcg	Health Level One
Mercury	20 mcg	0.001 mcg	Health Level One
Lead Method: ICP-MS	75 mcg	0.035 mcg	Health Level One

**Reviewed & Approved:** Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.