



Brand: Sierra Fit

Product Name: BCAA & Electrolytes, Fruit Punch

Product Code: SIE-01529

Report Date: 04/28/2020

Lot#: 10229819A



Independent Third Party Testing Laboratories

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Scoop	
L-Leucine	3.5 g	3.79 g	ABC Testing
L-Isoleucine	1.75	1.79 g	ABC Testing
L-Valine	1.75 g	1.80 g	ABC Testing
L-Glutamine	2.5 g	2.69 g	ABC Testing
Citrulline Malate	1 g	1.50 g	ABC Testing
Method: HPLC			

Microbial Analysis	CFU = Colony Forming Unit		
Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	<10 MPN/g	ABC Testing
Escherichia coli	Non-Detectable	Not Detected	ABC Testing
Salmonella spp.	Non-Detectable	Not Detected	ABC Testing
Staphylococcus aureus	Non-Detectable	Not Detected	ABC Testing
Colstridium spp.	Non-Detectable	Not Detected	ABC Testing
Method: USP <2021; 2022>			

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
Arsenic	130 mcg	0.128 mcg	ABC Testing
Cadmium	55 mcg	0.015 mcg	ABC Testing
Mercury	20 mcg	0.065 mcg	ABC Testing
Lead	75 mcg	0.416 mcg	ABC Testing
Method: ICP/ MS			

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.