



**Brand:** Lake Avenue Nutrition

**Product Name:** SAME

**Product Code:** LKN-01651

**Report Date:** 1/9/2020

**Lot#:** 284376



**Independent 3rd Party Lab:** Advanced Botanical Consulting & Testing, Inc.

[iHerb.com/iTested](https://iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Tablet	
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SAMe (S-Adenosyl L-Methionine) Method: ALC145A	400 mg	409.83	ABC Testing
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Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium	Non-Detectable	Complies	ABC Testing

Method: USP (2021, 2022)

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	0.052 mcg	ABC Testing
Cadmium	55 mcg	0.002 mcg	ABC Testing
Mercury	20 mcg	0.004 mcg	ABC Testing
Lead	75 mcg	0.059 mcg	ABC Testing

Method: USP/NF, ICP/MS

**Reviewed & Approved:** CGN Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit [iHerb.com/iTested](https://iHerb.com/iTested)