



**Brand:** Lake Avenue Nutrition  
**Product Name:** OptiMSM®, Flakes  
**Product Code:** LKN-01627, LKN-01628  
**Report Date:** 1/2/2020  
**Lot#:** B19000308



**Independent 3rd Party Lab:** Eurofins Microbiology Laboratories

[iHerb.com/iTested](https://iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
<b>Supplement Facts</b>	<b>Label Claim</b>	<b>Serving Size: 1 Scoop</b>	
OptiMSM® Method: A2LA ISO/IEC 17025:2005, 2942.01	3 g	Confirmed	Eurofins
<b>Microbial Analysis</b>	<b>CFU = Colony Forming Unit</b>		
Total Plate Count	<10,000 CFU/g	<10 CFU/g	Eurofins
Mold	<1,000 CFU/g	<10 CFU/g	Eurofins
Yeast	Non-Detectable	<10 CFU/g	Eurofins
Escherichia coli	Non-Detectable	Complies	Eurofins
Salmonella spp.	Non-Detectable	Complies	Eurofins
Staphylococcus aureus	Non-Detectable	Complies	Eurofins
Method: USP (2021, 2022)			
<b>Heavy Metal Analysis</b>	<b>US FDA Daily Limit</b>	<b>mcg = microgram</b>	
Arsenic	130 mcg	<0.0100 mcg	Eurofins
Cadmium	55 mcg	<0.0500 mcg	Eurofins
Mercury	20 mcg	<0.0500 mcg	Eurofins
Lead	75 mcg	<0.0500 mcg	Eurofins
Method: USP/NF, ICP/MS			

**Reviewed & Approved:** CGN Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit [iHerb.com/iTested](https://iHerb.com/iTested)