



**Brand:** Lake Avenue Nutrition

**Product Name:** 5-HTP with Vitamin B6 & Vitamin C

**Product Code:** LKN-01556, LKN-01557

**Report Date:** 11/20/2019

**Lot#:** 445535



**Independent 3rd Party Lab:** Advanced Botanical Consulting & Testing, Inc.

[iHerb.com/iTested](http://iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Capsule	
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Vitamin C	200 mg	208.15 mg	ABC Testing
Vitamin B6	15 mg	19.53 mg	ABC Testing
5-HTP (5-hydroxy L-tryptophan)	100 mg	113.91 mg	ABC Testing
Method: ALC417A, AKC010A, ALC091A			

Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium	Non-Detectable	Complies	ABC Testing
Method: USP (2021, 2022)			

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	<0.001 mcg	ABC Testing
Cadmium	55 mcg	0.002 mcg	ABC Testing
Mercury	20 mcg	0.001 mcg	ABC Testing
Lead	75 mcg	0.099 mcg	ABC Testing
Method: USP/NF, ICP/MS			

**Reviewed & Approved:** CGN Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit [iHerb.com/iTested](http://iHerb.com/iTested)