



**Brand:** Lake Avenue Nutrition  
**Product Name:** Vitamin D3, 10,000 IU  
**Product Code:** LKN-01419  
**Report Date:** 8/30/2019  
**Lot#:** 3113829



**Independent 3rd Party Lab:** Advanced Botanical Consulting & Testing, Inc

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| Analyses                      | Specifications                   | Results*                       | Lab Tested  |
|-------------------------------|----------------------------------|--------------------------------|-------------|
| <b>Supplement Facts</b>       | <b>Label Claim</b>               | <b>Serving Size: 1 Softgel</b> |             |
| Vitamin D3<br>Method: ALC011A | 10,000 IU                        | 10,995.94 IU                   | ABC Testing |
| <b>Microbial Analysis</b>     | <b>CFU = Colony Forming Unit</b> |                                |             |
| Total Plate Count             | <10,000 CFU/g                    | <10 CFU/g                      | ABC Testing |
| Yeast                         | <1,000 CFU/g                     | <10 CFU/g                      | ABC Testing |
| Mold                          | <1,000 CFU/g                     | <10 CFU/g                      | ABC Testing |
| Enterobacteriaceae            | Non-Detectable                   | Complies                       | ABC Testing |
| Escherichia coli              | Non-Detectable                   | Complies                       | ABC Testing |
| Salmonella spp.               | Non-Detectable                   | Complies                       | ABC Testing |
| Staphylococcus aureus         | Non-Detectable                   | Complies                       | ABC Testing |
| Clostridium spp.              | Non-Detectable                   | Complies                       | ABC Testing |
| Method: USP (2021, 2022)      |                                  |                                |             |
| <b>Heavy Metal Analysis</b>   | <b>US FDA Daily Limit</b>        | <b>mcg = microgram</b>         |             |
| Arsenic                       | 130 mcg                          | <0.001 mcg                     | ABC Testing |
| Cadmium                       | 55 mcg                           | <0.001 mcg                     | ABC Testing |
| Mercury                       | 20 mcg                           | 0.001 mcg                      | ABC Testing |
| Lead                          | 75 mcg                           | 0.009 mcg                      | ABC Testing |
| Method: USP/NF, ICP/MS        |                                  |                                |             |

**Reviewed & Approved:** CGN Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit [iHerb.com/iTested](http://iHerb.com/iTested)