



Brand: Lake Avenue Nutrition

Product Name: Vitamin D3, 5,000 IU

Product Code: LKN-01418

Report Date: 8/30/2019

Lot#: 3113829



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing, Inc

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Softgel	
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Vitamin D3 Method: ALC011A	5,000 IU	6170.12 IU	ABC Testing
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Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	Complies	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium spp.	Non-Detectable	Complies	ABC Testing

Method: USP (2021, 2022)

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	<0.001 mcg	ABC Testing
Cadmium	55 mcg	0.001 mcg	ABC Testing
Mercury	20 mcg	0.001 mcg	ABC Testing
Lead	75 mcg	0.011 mcg	ABC Testing

Method: USP/NF, ICP/MS

Reviewed & Approved: CGN Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit iHerb.com/iTested