



CALIFORNIA GOLD NUTRITION®

**Brand:** California Gold Nutrition

**Product Name:** Choline Silica Complex

**Product Code:** CGN-01597, CGN-01598

**Report Date:** 1/31/2020

**Lot#:** I-1910, I-1911



**Independent 3rd Party Lab:** Eurofins Microbiology Laboratories

[iHerb.com/iTested](http://iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 10 Drops	
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Choline	116 mg	147 mg	Eurofins
L-Carnitine	60 mg	60 mg	Eurofins
Silicon	5 mg	6 mg	Eurofins

Method: AOAC Vol 91, 1 2008, 2011.14, 2012.20 mod.

Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	Eurofins
Yeast	<1,000 CFU/g	<10 CFU/g	Eurofins
Mold	<1,000 CFU/g	<10 CFU/g	Eurofins
Enterobacteriaceae	Non-Detectable	Complies	Eurofins
Escherichia coli	Non-Detectable	Complies	Eurofins
Salmonella spp.	Non-Detectable	Complies	Eurofins
Staphylococcus aureus	Non-Detectable	Complies	Eurofins
Clostridium spp.	Non-Detectable	Complies	Eurofins

Method: USP (2021, 2022), AOAC, US Pharmacopeia Chapter 61, 62

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	<0.00550 mcg	Eurofins
Cadmium	55 mcg	<0.00275 mcg	Eurofins
Mercury	20 mcg	<0.00275 mcg	Eurofins
Lead	75 mcg	0.00108 mcg	Eurofins

Method: USP/NF, ICP/MS, AOAC 993.14 mod.

**Reviewed & Approved:** Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit [iHerb.com/iTested](http://iHerb.com/iTested)