



CALIFORNIA **GOLD** NUTRITION®

Brand: California Gold Nutrition

Product Name: Ashwagandha

Product Code: CGN-01365

Report Date: 05/31/2019

Lot#: P0130



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing

[iHerb.com/iTested](https://www.iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Capsule	
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Withania somnifera Method: ALC679A	450 mg	Identity Confirmed	ABC Testing
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Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	Complies	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium spp.	Non-Detectable	Complies	ABC Testing
Method: USP (2021, 2022)			

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	0.027 mcg	ABC Testing
Cadmium	55 mcg	0.004 mcg	ABC Testing
Mercury	20 mcg	0.002 mcg	ABC Testing
Lead	75 mcg	0.030 mcg	ABC Testing
Method: USP/NF, ICP/MS			

Reviewed & Approved: CGN Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit [iHerb.com/iTested](https://www.iHerb.com/iTested)