



Brand: California Gold Nutrition

Product Name: Prenatal DHA For Pregnant & Nursing Mothers

Product Code: CGN-01336

Report Date: 03/29/2019

Lot#: 20531



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing, Inc

iHerb.com/iTested

Analyses Specifications Results* Lab Tested

Supplement Facts	Label Claim	Serving Size: 2 Softgels	
Choline	60 mg	63.90 mg	ABC Testing
Alpha-GPC	150 mg	157.92 mg	ABC Testing
Total Omega-3	1240 mg	1253.06 mg	ABC Testing
EPA	120 mg	191.92 mg	ABC Testing
DHA	900 mg	1011.38 mg	ABC Testing

Method: AOCS, AGC302A, HPLC

Fish Oil Quality

PCBs	0.09 ppm	Non Detected	ABC Testing
Dioxins	2 pg/g	Non Detected	ABC Testing
Furans	2 pg/g	Non Detected	ABC Testing
Peroxide Value	<5 meq/kg	0.20 meq/kg	ABC Testing

Method: AOAC, EPA8082CONG, EPA8290 (High Resolution-CG/MS)

Microbial Analysis **CFU = Colony Forming Unit**

Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	Complies	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium spp.	Non-Detectable	Complies	ABC Testing

Method: USP (2021, 2022), AOAC

Heavy Metal Analysis **US FDA Daily Limit** **mcg = microgram**

Arsenic	130 mcg	0.019 mcg	ABC Testing
Cadmium	55 mcg	0.004 mcg	ABC Testing
Mercury	20 mcg	0.001 mcg	ABC Testing
Lead	75 mcg	0.056 mcg	ABC Testing

Method: USP/NE, ICP/MS

Reviewed & Approved: CGN Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.