



Brand: California Gold Nutrition Superfoods

Product Name: Organic Spirulina Tablets

Product Code: CGN-01175, CGN-01176, CGN-01362

Report Date: 03/21/2019

Lot#: ST125C17, ST060K18



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing and State University of New York Collage of Environmental Science and Forestry iHerb.com/iTested

| Analyses | Specifications | Results* | Lab Tested |
|-------------------------|--------------------|--------------------------------|-------------|
| Supplement Facts | Label Claim | Serving Size: 3 Tablets | |
| Spirulina | Identification | Confirmed | ABC Testing |
| Protein | 1 g | 1.09 g | ABC Testing |
| Vitamin A | 185 mcg | 275.45 mcg | ABC Testing |
| Phycocyanins | 90 mg | 90.20 mg | ABC Testing |
| Chlorophyll | 15 mg | 15.1 mg | ABC Testing |
| Total Carotenoids | 5000 mcg | 5496.93 mcg | ABC Testing |

Method: SOP 17236, 3.8.389, AOAC, AFL801A, AOCS, ALC011A, SS-34a, SS-55

Algal Toxin Analysis

| | | | |
|---------------------|----------------|--------------|-----|
| Anatoxin-a | Negative/<0.01 | Non Detected | ESF |
| BMAA | Negative/<0.09 | Non Detected | ESF |
| Cylindrospermopsins | Negative/<0.12 | Non Detected | ESF |
| Microcystins | Negative/<0.08 | Non Detected | ESF |

Methods: LCMS, LC-MS/MS

Microbial Analysis

CFU = Colony Forming Unit

| | | | |
|-----------------------|----------------|-----------|-------------|
| Total Plate Count | <10,000 CFU/g | 10 CFU/g | ABC Testing |
| Yeast | <1,000 CFU/g | <10 CFU/g | ABC Testing |
| Mold | <1,000 CFU/g | <10 CFU/g | ABC Testing |
| Enterobacteriaceae | Non-Detectable | Complies | ABC Testing |
| Escherichia coli | Non-Detectable | Complies | ABC Testing |
| Salmonella spp. | Non-Detectable | Complies | ABC Testing |
| Staphylococcus aureus | Non-Detectable | Complies | ABC Testing |
| Clostridium spp. | Non-Detectable | Complies | ABC Testing |

Method: USP (2021, 2022)

Heavy Metal Analysis

US FDA Daily Limit **mcg = microgram**

| | | | |
|---------|---------|-----------|-------------|
| Arsenic | 130 mcg | 0.090 mcg | ABC Testing |
| Cadmium | 55 mcg | 0.020 mcg | ABC Testing |
| Mercury | 20 mcg | 0.008 mcg | ABC Testing |
| Lead | 75 mcg | 0.111 mcg | ABC Testing |

Method: USP/NF, ICP/MS

Reviewed & Approved: CGN Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.