



CALIFORNIA **GOLD** NUTRITION®

Brand: California Gold Nutrition
Product Name: Creatine Powder
Product Code: CGN-01059
Report Date: 08/27/2018
Lot#: 1702055



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing, Inc

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
Supplement Facts	Label Claim	Serving Size: 1 Scoop	
Creatine Monohydate Method: ALC190A	5 g	5 g	ABC Testing
Microbial Analysis	CFU = Colony Forming Unit		
Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	Complies	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium spp.	Non-Detectable	Complies	ABC Testing
Method: USP (2021, 2022)			
Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
Arsenic	130 mcg	<0.001 mcg	ABC Testing
Cadmium	55 mcg	0.005 mcg	ABC Testing
Mercury	20 mcg	<0.001 mcg	ABC Testing
Lead	75 mcg	0.054 mcg	ABC Testing
Method: USP/NF, ICP/MS			

Reviewed & Approved: CGN Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.

For a Glossary of Terms & Definitions and Basic Test Parameters, please visit iHerb.com/iTested