



Brand: California Gold Nutrition

Product Name: Silymarin Complex

Product Code: CGN-00955, CGN-00956, CGN-01378

Report Date: 6/10/2019

Lot#: 90327, 90704, 90749



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing, Inc

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
----------	----------------	----------	------------

Supplement Facts	Label	Serving Size: 1 Capsule	
Milk Thistle	300 mg	Identity Confirmed	ABC Testing
Dandelion	100 mg	Identity Confirmed	ABC Testing
Artichoke	50 mg	Identity Confirmed	ABC Testing
Turmeric	25 mg	Identity Confirmed	ABC Testing
Ginger	25 mg	Identity Confirmed	ABC Testing
Black Pepper	5 mg	Identity Confirmed	ABC Testing

Method: AUV215A, SOP 3.8.545, 3.8.355, 3.8.369, 3.8.453, 3.8.518

Microbial Analysis	CFU = Colony Forming Unit		
Total Plate Count	<10,000 CFU/g	105 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	Complies	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium spp.	Non-Detectable	Complies	ABC Testing

Method: USP/NF (2021, 2022)

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
Arsenic	130 mcg	0.083 mcg	ABC Testing
Cadmium	55 mcg	0.009 mcg	ABC Testing
Mercury	20 mcg	<0.001 mcg	ABC Testing
Lead	75 mcg	0.069 mcg	ABC Testing

Method: USP/NF, ICP/MS

Reviewed & Approved: CGN Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.