



Brand: Lake Avenue Nutrition

Product Name: L-Theanine

Product Code: LKN-01716

Report Date: 04/2/2020

Lot#: B20000090



Independent Third Party Testing Laboratories

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Capsule	
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L-Theanine Method: ALC550A	100 mg	107.78 mg	ABC Testing
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Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	<10 MPN/g	ABC Testing
Salmonella spp.	Non-Detectable	Not Detected	ABC Testing
Staphylococcus aureus	Non-Detectable	Not Detected	ABC Testing
Clostridium	Non-Detectable	Not Detected	ABC Testing

Method: USP (2021, 2022)

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	<0.001 mcg	ABC Testing
Cadmium	55 mcg	0.002 mcg	ABC Testing
Mercury	20 mcg	<0.001 mcg	ABC Testing
Lead	75 mcg	0.061 mcg	ABC Testing

Method: ICP/MS

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.