



Brand: Lake Avenue Nutrition
Product Name: Biotin, 5,000 mcg
Product Code: LKN-01676
Report Date: 11/6/2019
Lot#: B19000272



Independent Third Party Testing Laboratories

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Capsule	
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Biotin Method: ALC169A	5,000 mcg	5,137 mcg	ABC Testing
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Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	1060 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium	Non-Detectable	Complies	ABC Testing

Method: USP (2021, 2022)

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	0.012 mcg	ABC Testing
Cadmium	55 mcg	0.004 mcg	ABC Testing
Mercury	20 mcg	<0.001 mcg	ABC Testing
Lead	75 mcg	0.008 mcg	ABC Testing

Method: USP/NF, ICP/MS

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.