



**Brand:** Lake Avenue Nutrition

**Product Name:** SAMe

**Product Code:** LKN-01651

**Report Date:** 12/9/2019

**Lot#:** 5621



**Independent Third Party Testing Laboratories**

[iHerb.com/iTested](http://iHerb.com/iTested)

<b>Analyses</b>	<b>Specifications</b>	<b>Results*</b>	<b>Lab Tested</b>
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<b>Supplement Facts</b>	<b>Label Claim</b>	<b>Serving Size: 1 Tablet</b>	
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SAMe Method: ALC145A	400 mg	409.83 mg	ABC Testing
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<b>Microbial Analysis</b>	<b>CFU = Colony Forming Unit</b>		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium	Non-Detectable	Complies	ABC Testing
Method: USP (2021, 2022)			

<b>Heavy Metal Analysis</b>	<b>US FDA Daily Limit</b>	<b>mcg = microgram</b>	
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Arsenic	130 mcg	0.052 mcg	ABC Testing
Cadmium	55 mcg	0.002 mcg	ABC Testing
Mercury	20 mcg	0.059 mcg	ABC Testing
Lead	75 mcg	0.059 mcg	ABC Testing

Method: USP/NF, ICP/MS

**Reviewed & Approved:** Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.