



Brand: Lake Avenue Nutrition

Product Name: 5-HTP with Vitamin B6 & Vitamin C

Product Code: LKN-01557

Report Date: 10/29/2019

Lot#: 445535



Independent 3rd Party Lab: Advanced Botanical Consulting & Testing, Inc.

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Capsule	
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Vitamin C	200 mg	208.15 mg	ABC Testing
Vitamin B6	15 mg	19.53 mg	ABC Testing
5-HTP	100 mg	113.91 mg	ABC Testing

Method: ALC417A, ALC010A, ALC091A

Microbial Analysis	CFU = Colony Forming Unit		
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Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium	Non-Detectable	Complies	ABC Testing

Method: USP (2021, 2022)

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
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Arsenic	130 mcg	<0.001 mcg	ABC Testing
Cadmium	55 mcg	0.002 mcg	ABC Testing
Mercury	20 mcg	0.001 mcg	ABC Testing
Lead	75 mcg	0.099 mcg	ABC Testing

Method: ICP/MS

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.