



Brand: Lake Avenue Nutrition

Product Name: Creatine Monohydrate 750 mg

Product Code: LKN-01511

Report Date: 10/24/2019

Lot#: 3126080



Independent Third Party Testing Laboratories

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
Supplement Facts	Label Claim	Serving Size: 6 Capsule	
Creatine Monohydrate Method: HPLC	4.5 g (4,500 mg)	4.5 g (4,500 mg)	Eurofins
Microbial Analysis	CFU = Colony Forming Unit		
Total Plate Count	<10,000 CFU/g	<10 CFU/g	Eurofins
Mold	<1,000 CFU/g	<10 CFU/g	Eurofins
Yeast	<1,000 CFU/g	<10 CFU/g	Eurofins
Escherichia coli	Non-Detectable	Not Detected	Eurofins
Salmonella spp.	Non-Detectable	Not Detected	Eurofins
Staphylococcus aureus	Non-Detectable	Not Detected	Eurofins
Method: USP <2021, 2022>			
Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
Arsenic	130 mcg	<0.008 mcg	Eurofins
Cadmium	55 mcg	<0.004 mcg	Eurofins
Mercury	20 mcg	0.004 mcg	Eurofins
Lead	75 mcg	<0.004 mcg	Eurofins
Method: ICP-MS			

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.