



**Brand:** Lake Avenue Nutrition  
**Product Name:** CoQ10 with PQQ  
**Product Code:** LKN-01450  
**Report Date:** 11/15/2019  
**Lot#:** PO571



**Independent 3rd Party Lab:** Advanced Botanical Consulting & Testing, Inc.

[iHerb.com/iTested](https://iHerb.com/iTested)

Analyses	Specifications	Results*	Lab Tested
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Supplement Facts	Label Claim	Serving Size: 1 Capsule	
CoQ10	100 mg	103.26 mg	ABC Testing
PQQ	10 mg	12 mg	ABC Testing
Method: ALC010B, ALC151A, HPLC			

Microbial Analysis	CFU = Colony Forming Unit		
Total Plate Count	<10,000 CFU/g	580 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	110 CFU/g	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium	Non-Detectable	Complies	ABC Testing
Method: USP (2021, 2022)			

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
Arsenic	130 mcg	0.041 mcg	ABC Testing
Cadmium	55 mcg	0.002 mcg	ABC Testing
Mercury	20 mcg	0.002 mcg	ABC Testing
Lead	75 mcg	0.006 mcg	ABC Testing
Method: USP/NF, ICP/MS			

**Reviewed & Approved:** Quality Control Staff

\*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.