



Brand: Lake Avenue Nutrition

Product Name: Vitamin D3, 1,000 IU

Product Code: LKN-01417

Report Date: 8/5/2019

Lot#: 3113829



Independent Third Party Testing Laboratories

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
-----------------	-----------------------	-----------------	-------------------

Supplement Facts	Label Claim	Serving Size: 1 Softgel	
-------------------------	--------------------	--------------------------------	--

Vitamin D3 Method: Rapid Mass Spectrum 2014, 28	1,000 IU	1,330 IU	Eurofins
--	----------	----------	----------

Microbial Analysis	CFU = Colony Forming Unit		
---------------------------	----------------------------------	--	--

Total Plate Count	<10,000 CFU/g	<10 CFU/g	Eurofins
Yeast	<1,000 CFU/g	<10 CFU/g	Eurofins
Mold	<1,000 CFU/g	<10 CFU/g	Eurofins
Enterobacteriaceae	Non-Detectable	Complies	Eurofins
Escherichia coli	Non-Detectable	Complies	Eurofins
Salmonella spp.	Non-Detectable	Complies	Eurofins
Staphylococcus aureus	Non-Detectable	Complies	Eurofins

Method: US Pharmacopeia Chapter 61, 62

Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
-----------------------------	---------------------------	------------------------	--

Arsenic	130 mcg	<0.00156 mcg	Eurofins
Cadmium	55 mcg	<0.000780 mcg	Eurofins
Mercury	20 mcg	<0.000780 mcg	Eurofins
Lead	75 mcg	<0.000780 mcg	Eurofins

Method: USP/NF, ICP/MS

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.