

Brand: California Gold Nutrition Product Name: L-Theanine Product Code: CGN-01242 Report Date: 3/30/2020 Lot#: 3764, 3764-1

Independent Third Party Testing Laboratories

iHerb.com/iTested

Analyses	Specifications	Results*	Lab Tested
Supplement Facts	Label Claim	Serving Size: 1 Capsule	
L-Theanine Method: ALC550A	200 mg	218.74 mg	ABC Testing
Microbial Analysis	CFU = Colony Forming Unit		
Total Plate Count	<10,000 CFU/g	<10 CFU/g	ABC Testing
Yeast	<1,000 CFU/g	<10 CFU/g	ABC Testing
Mold	<1,000 CFU/g	<10 CFU/g	ABC Testing
Enterobacteriaceae	Non-Detectable	Complies	ABC Testing
Escherichia coli	Non-Detectable	Complies	ABC Testing
Salmonella spp.	Non-Detectable	Complies	ABC Testing
Staphylococcus aureus	Non-Detectable	Complies	ABC Testing
Clostridium spp. Method: USP (2021, 2022)	Non-Detectable	Complies	ABC Testing
Heavy Metal Analysis	US FDA Daily Limit	mcg = microgram	
Arsenic	130 mcg	0.003 mcg	ABC Testing
Cadmium	55 mcg	0.001 mcg	ABC Testing
Mercury	20 mcg	<0.001 mcg	ABC Testing
Lead	75 mcg	0.070 mcg	ABC Testing
Method: ICP/MS	2	•	Ũ

Reviewed & Approved: Quality Control Staff

*Analytical Testing & Results were Performed and Reported by a US FDA Registered, Independent, Third Party Lab.